Implementation Guidelines for the Social Prescribing Credit Program of the University of Taipei

I. These guidelines are established in accordance with the university's "Regulations on the Establishment and Enrollment of Minor Programs."
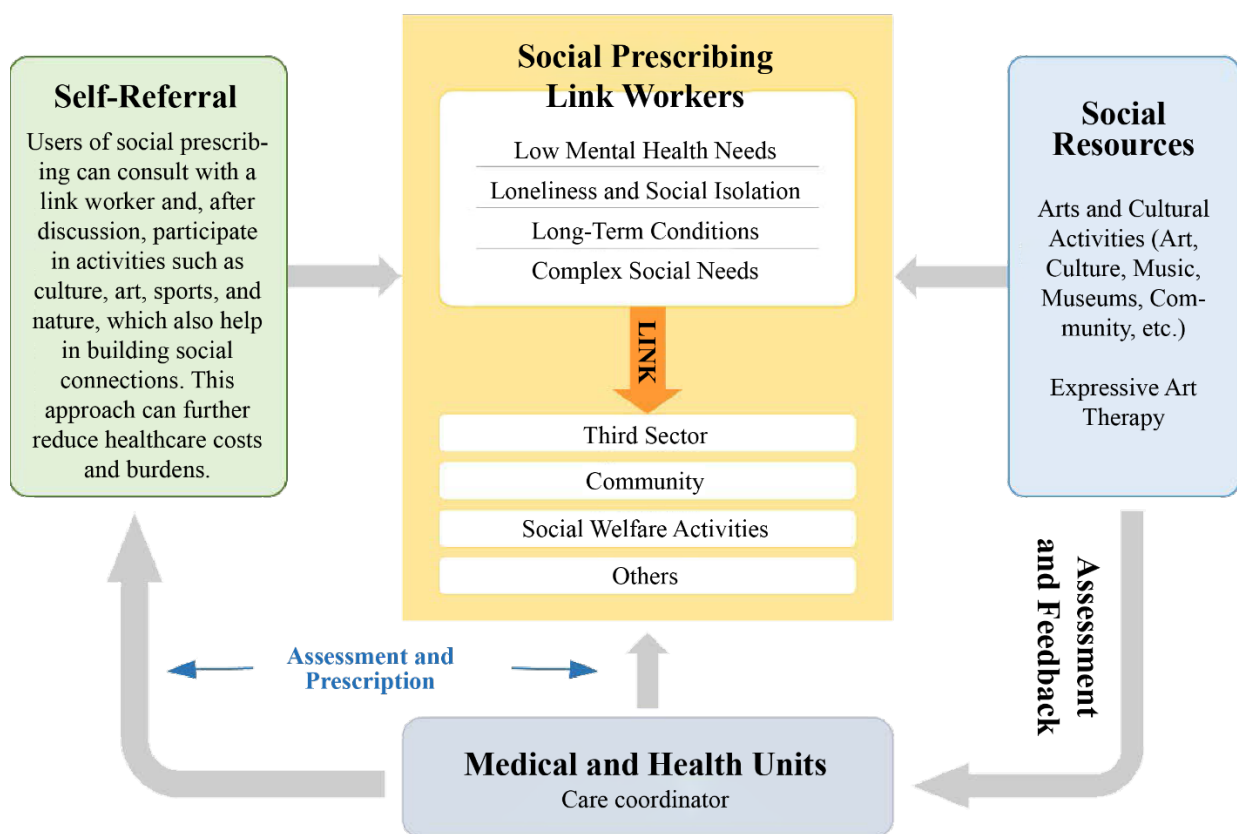
II. Social Prescribing Credit Program

Social prescribing is part of integrative personalized health care, allowing individuals to autonomously seek resources through self-referral or with the assistance of link workers. It starts from the direction most relevant to the individuals (what matters) and provides comprehensive, integrated services. Social prescribing services combine university practical education, medical care, and local community organizations to create viable support services. In recent years, Taipei University of the Arts has been committed to advancing the social responsibility of municipal universities. During the service process, the concept of "Social Prescribing" is used to engage with the community and address social and mental health issues.

The Social Prescribing Credit Program (hereinafter referred to as "the Program") aims to cultivate students with professional skills and academic knowledge in promoting social and mental health and innovative practices. The curriculum design of the Program includes fundamental theories and principles of social prescribing, the role of service connectors (link workers), self-referral (social prescribing for mental health support), and community resources (social prescribing), among other features. The goal is to develop students' practical and localized perspectives and diverse professional capabilities in resource linking, psychological support, and social services.

In terms of school curriculum, this Credit Program integrates interdisciplinary elements such as social welfare, counseling, art therapy, and regional revitalization to provide students with diverse perspectives and methods. This allows students to apply what they have learned in real-world situations and enhance their professional standards through reflection. The Program is dedicated to nurturing healing forces in society, aiming to develop students into empathetic social practitioners with practical skills. The course objectives are to use the powers of culture, art, and nature—beyond pharmaceuticals—to transcend class, gender, age, and ethnic

limitations, consciously care for one's mental and physical health, and cultivate greater resilience to face various life challenges, finding possibilities for self-healing and helping others. Additionally, students participating in the social prescribing practice courses will also achieve the goal of talent development and social responsibility practice, offering potential employment opportunities and entrepreneurial potential. Furthermore, this Credit Program will expand the scope of social prescribing by connecting with museums, libraries, and concert halls, and collaborating with various supportive organizations, aiming to contribute to community development and improvement.

▲ Social Prescribing Credit Program Structure Diagram

III. This Credit Program is planned and organized by the Center of General Education the university and is jointly provided by the Department of Health and Welfare, the Department of Psychology and Counseling, the Department of Urban Industry Management and Marketing, and the Department of Visual Arts, among others.

IV. Course Planning and Credit Requirements for This Credit Program:

1. The Credit Program is divided into required and elective courses.

2. Students must complete at least **15** credits in this Credit Program, including 7

credits of required courses and at least 8 credits of elective courses.

3. At least one-third of the credits earned in this Credit Program must come from courses outside the student's original department, school, degree program, double major department, and minor.

4. Credit exemptions will be recognized by the Center of General Education and other relevant departments based on the Credit Program's course structure.

5. Students who have already completed listed courses before applying to the program may apply for credit exemption up to a maximum of 7 credits, within one month of agreeing to the Credit Program. For students not from Taipei University of the Arts, a maximum of two courses can be exempted based on credits earned at their original institution.

6. If the credits of the original course are less than those required by the Credit Program, students must complete additional courses to make up for the credit deficit.

V. The program is designed for students currently enrolled in higher education institutions, with no restrictions on academic system. Students wishing to enroll in this Credit Program must complete and submit the Program Enrollment Application Form. They must receive approval from the Center of General Education before they can participate.

VI. Students who have been approved to enroll in this Credit Program may apply for a certificate from the Center of General Education upon completing the required courses and credits. They should submit their transcript for verification. Once the verification is complete and approved by the university president, the Center of General Education will issue the certificate.

VII. The administrative operations related to this Credit Program are managed and planned by the Center of General Education. The Center is responsible for handling student program applications and making approval decisions.

VIII. For matters not covered in these guidelines, the regulations of the Ministry of Education and the university's "Regulations on the Establishment and Enrollment of Minor Programs" shall apply.

IX. These guidelines were approved by the Academic Affairs Council Meeting, and shall be submitted to the President for final approval before implementation.