

Curriculum Structure for the Social Prescribing Credit Program of the University of Taipei

*Approved by the Center of General Education 1st Curriculum Committee Meeting on April 30, 2024
2nd Semester, Academic Year 2024*

*Approved by the 1st the University Curriculum Committee Meeting on June 4, 2024
2nd Semester, Academic Year 2024*

I. Purpose of Establishment

The program is designed to raise students' awareness and understanding of social issues, fostering a sense of social responsibility and critical thinking. Through varied teaching methods and course designs, the program inspires students' curiosity and investigative spirit regarding social phenomena, helping them develop critical thinking and problem-solving skills. It also emphasizes the importance of equality, diversity, and inclusion, encouraging students to adopt appropriate values and ethical perspectives. The program aims to cultivate socially conscious individuals who are just, compassionate, and inclusive.

II. Course Objectives

Through understanding Social Prescribing (self-referrals), resource selection, program design, and community implementation, students engage in interdisciplinary learning. This approach allows them to utilize their professional knowledge and reframe the meaning of health from a holistic community care perspective using prescription tools. Students will integrate various non-pharmacological treatments such as health and welfare, psychology, expressive therapies, and field management. By observing residents, community partners, and participating faculty and students, they will collaboratively evaluate and experience the effectiveness of social prescriptions.

III. Course Features

1. **Fundamental Theory and Spirit:** This component aims to cultivate students' understanding and analytical abilities regarding social health issues through theories and practices related to social prescriptions and advocacy and care for vulnerable populations. It focuses on real-world problems, using case studies and discussions to develop students' problem-solving skills and community service capabilities. Students will gain deep insights into the value of social prescription theory in practical applications and understand the mechanisms by which social factors impact the broader environment.
2. **Service Linkage Role (Connector Role):** This course is dedicated to developing students' comprehensive competencies and professional skills necessary for the role of a service connector. It integrates professional knowledge from courses on nonprofit organization management, community psychology, public policy marketing, and an introduction to art

therapy. The course helps students understand the functions, ethics, and practical skills required for the connector role. It aims to train students to become versatile social service professionals capable of making a significant impact in various social service fields, with a focus on enhancing community and individual health and well-being.

3. Self-Referral (Social Prescription Support for Mental Health): The self-referral course for social prescriptions aims to provide students with comprehensive professional training to address various social needs.
 - (1) Mental Health Course: Focuses on imparting knowledge about mental health and developing psychological resilience, helping students establish a positive mental health perspective.
 - (2) Expressive Therapy Course: Concentrates on building professional skills in psychological therapy through artistic and creative expression to heal the mind.
 - (3) Resource Linkage and Coordination Course: Develops students' abilities to integrate and manage various resources to enhance the effectiveness of social services.
 - (4) Local Revitalization Practice Course: Encourages students to deeply understand the theories and practices of local development and community building. It involves collaboration with community residents and participation in community development activities to promote inclusivity and sustainable development.

Through these courses, students will receive thorough professional training, preparing them to become excellent practitioners in the field of social services and make positive contributions to societal health and development.

4. Community Resources (Social Prescription): The community resources course offers a comprehensive and diverse range of topics, including:
 - (1) Arts and Culture Management: This includes arts project planning and execution, introduction to the cultural and creative industries, materials and artistic practice, and art therapy workshops.
 - (2) Local Revitalization Practice: Covers topics such as business ethics and social responsibility.
 - (3) Social Work Services: Includes community work, long-term care and interprofessional team practice, counseling for children and adolescents, and community counseling and consulting.

These courses integrate theoretical teaching, practical application, and professional training, preparing students to become skilled professionals in the social services field and to make a

positive impact on societal development and progress.

IV. Talent cultivation

The talent cultivated through this minor program will have a profound impact on the future development of the social services field. As societal demands for mental health and social support continue to grow, there will be an increasing need for professionals who are comprehensive, specialized, and innovative. These professionals will be equipped to effectively address issues related to mental health support, artistic innovation, and local resource integration.

Community workers will be another crucial category of talent developed through the social prescription curriculum. They will play a key role in communities by promoting development, addressing social issues, and providing various forms of social support.

Additionally, there will be a need for leaders and managers in the social services sector who possess strong leadership abilities and innovative thinking. These individuals will be capable of effectively managing social service organizations, leading teams, and driving innovation and progress within the field.

Art therapists will also be among the potential talents cultivated by the social prescription curriculum. They will use artistic and creative expressions to help individuals overcome difficulties, promote mental health, and foster social integration.

Overall, the talent developed through this minor program will provide a diverse, specialized, and innovative pool of professionals for the social services field. These professionals will meet the growing societal needs and contribute positively to the advancement and progress of society. The future outlook for the social prescription curriculum is promising, with these professionals expected to play significant roles in their careers, making valuable contributions to social development and progress.

V. Required Courses

Dimension	Course Title	Credits	Department Abbreviation
Basic Theory and Spirit	Social Prescription Theory and Practice	2	Center of General Education
	Advocacy and care for disadvantaged areas	2	Center of General Education
	Social Prescription Internship	3	Center of General Education

VI. Elective Courses

Dimension	Talent Development Module	Course Title	Credits	Department Abbreviation
Service Connector (Role of a Liaison Worker) <u>Select at least 1</u>	Community Counseling and Care Services	Introduction to Social Work	3	Department of Health and Welfare
		Social-Community Psychology	2	Department of Psychology and Counseling
	Art Therapy	Introduction to Art Therapy	2	Department of Visual Arts
	Cultural and Creative Industries and Regional Revitalization	Management of Nonprofit Organization	3	Department of Health and Welfare
		Public Policy Marketing	2	Department of Urban Industrial Management and Marketing
Self-Referral (Social Prescribing for Mental Health Support) <u>Select at least 1</u>	Community Counseling and Care Services	Resource Linking and Communication Coordination	2	Department of Health and Welfare
		Mental Health	2	Department of Psychology and Counseling
	Art Therapy	Expressive Therapy	3	Department of Psychology and Counseling
	Cultural and Creative Industries and Regional Revitalization	Regional Revitalization Practice	2	Department of Urban Industrial Management and Marketing
Community Resources (Social Prescribing) <u>Select at least 2</u>	Community Counseling and Care Services	Community Work	3	Department of Health and Welfare
		Long-Term Care Interdisciplinary Team Practice Operations	2	Department of Health and Welfare
		Child and Adolescent Counseling	3	Department of Psychology and Counseling

		Community Counseling and Consulting	2	Department of Psychology and Counseling
Art Therapy		Materials and Art Practice	2	Department of Visual Arts
		Art Therapy Workshop	2	Department of Visual Arts
Cultural and Creative Industries and Regional Revitalization		Business Ethics and Social Responsibility	2	Department of Urban Industrial Management and Marketing
		Art Project Planning and Execution	3	Department of Visual Arts
		Introduction to Cultural and Creative Industries	3	Department of Visual Arts